

Floor 2022

A	B	C	D	E	F	A	B	C	D	E	F/G/H/I
I. Non-Acro Elements						II. Acro Forward					
b L	N	7				U			mγ		
>b	^b	Nb	7b			U					
↑b	↑b/↑b		↑b			U	U		U	U	
b	b ↑/↑	↑					U				
→	←	~						U	U	U	
bε	→b	←b	~↑								U <sup>G</sup>
hγ							U			U	U
	b>b	b>Lb							U		U <sup>H</sup>
						III. Acro. Backward/Arabian					
Ux						U	U	U	U	U	U <sup>G</sup>
↓						U	U	U	U	U	U <sup>G</sup>
T P	U					U	U	U	U	U	U <sup>H</sup>
U	U					U	U	U	U	U	U <sup>H</sup>
B	Bε	Bε									U <sup>I</sup>
f	fb	fbf	f↑bf				U	U	U	U	
	bf					U			U		U
fφ	fφ	fφb								U	U <sup>KO</sup>
	fφb		fφbf						U	U	U
r	rr	rr								U	U
eb	eβε										U <sup>G</sup>
											U <sup>H</sup>
Maximum 2 Strength Elements						Connection Bonus (no limit on amount)					
Maximum 2 Circle-type Elements						D or higher + B or C = +0.1					
						D or higher + D or higher = +0.2					

## Pommel Horse 2022

Pommel Horse 2022											
A	B	C	D	E	F	A	B	C	D	E	F
I. Scissor Elements						II. Circles, Spindles, Kehres, Russians					
X		X <sub>b</sub>	X <sub>b</sub> X <sub>b</sub>			L f	?				
X <sub>ε</sub>	X <sub>ε</sub>	X <sub>ε</sub>					L				
X <sub>o</sub>	X <sub>ε</sub>	X <sub>ε</sub>	X <sub>ε</sub>			r L	L				
X <sub>oε</sub>		X <sub>b</sub> X <sub>b</sub>				r L	, L <sub>1</sub>				
	X <sub>o</sub>	X <sub>o</sub>				<del>φ</del>	<del>φ</del>	φ	φ	φ	φ
	X <sub>ε</sub>							φ	φ <sub>1</sub>		
	U <sub>b</sub>							f b f		φ <sub>o</sub>	
									f b f		
							S <sub>a</sub>		S <sub>a</sub> f S <sub>a</sub>		S <sub>a</sub> b ε f
							S				
III. Travel Type Elements											
φ						K				K	
							K <sub>ε</sub>	K			
	/ φ	∩ φ				w	R	R		R	
	/ φ	/ φ	NR <sub>1</sub>	NR <sub>2</sub>		S	c		c		
				f m φ f							
	r										
		Ur	Mb								
			Be								
			Tf								
						IV. Dismounts					
			r w u	Wu		Cs	Cg		f b ε f	S <sub>a</sub> b ε f	
		Kr	Ro				r	rr	rrr		
			R	w			w Cs	S <sub>a</sub> b	S <sub>a</sub> b		
		Rm					f b	f t b	r b		
Maximum 2: Full Spindle Elements						Maximum 2: Handstand Elements (not incl. dismount)					
Maximum 2: 3/3 Travel with Spindle Elements						Maximum 2: Russian Wendeswings in same location					
Maximum 2: 3/3 Cross Travel Elements						Maximum 2: Sohn-type elements (incl. flops & to HS)					
Maximum 2: Russian Travel Elements						Maximum 2: Bezugo-type elements (incl. flops & to HS)					





## Parallel Bars 2022

A	B	C	D	E	F/G	A	B	C	D	E	F/G
I. Support Elements						III. Long Swings & Underswing Elements					
1b	Ka	S						T	T	Bv	
L	SE	>i	S B			Mz	ME	Mγ			
>L	>b	dE	DF			Mz	M				
↑	↑γ	d d	dE				OOE	O			
	Lb	Mk	Z	Mk	Z					Od	OdE
	Ca	e/e	e/>			Oi	O E	Ma			Od
			e/					OMk			OMk
		Tu	ll	llv	llE		O≥		O>	So	
	h	bCh	Su						Ore	Orev	Q <sup>G</sup>
		b>					Ch	OE	Ofi	Ta	
	b	b b							O E		
	h	h	h	h		∩	∩!	∩1b		Ore	Ore <sup>G</sup>
	∩	∩	↑E	↑E				∩>b	∩>i		
cb bc	bE							∩>b	∩Lb	∩L1b	
	E b							∩!			
		Ca2		γ>i		U	U!	f	f!		
	γv	γv	γ>	γ>!			U E	U E	f fe	f E	f E
	γv	γi	γE	γE				U>b			f E <sup>G</sup>
	γ			γE		fi	f!	f>		f	fMk <sup>G</sup>
								Ga	Ga2	fe	flv
II. Upper Arm Elements						IV. Dismounts					
+	→>b	→>i		→S	→B	∩	∩E		rf	rfE	
→↑∩	→E			→Mk	→Mk <sup>G</sup>				rfh		
	→b	→b		→d	→d	∩		∩E	∩E	∩E	∩E
	→E	→E>		→ll	→llv	∩		∩E	∩E		∩E <sup>G</sup>
			→E	→Ei		∩		∩E	∩E		
	→b	→γb	→γb			∩/E			f ll		
	→E>	→E>					∩ll	ll	llv		llE <sup>G</sup>
	→E	→E	→E	→E					llE		
→>∩	→>			→E>	→E>i	∩/E		∩ll	∩llv	∩llE	∩llE



## Color Coding Key & Rules to Remember

Tables are organized as closely to the Code of Points as possible.

Page breaks are notated

Occasionally, a page was slightly compressed to accommodate space limitations

<b>Floor 2022</b>	
Maximum 2 Strength Elements	Special Floor Requirements (Penalty: -0.3) Double salto Pass to and from each corner No more than 3 times in a row on same diagonal
Maximum 2 Circle-type Elements	
Connection Bonus (no limit on amount) Must be among the counted elements	

<b>Pommel Horse 2022</b>	
Maximum 2: Full Spindle Elements	Maximum 2: Handstand Elements (Not including Dismount)
Maximum 2: 3/3 Travel with Spindle Elements	
Maximum 2: 3/3 Cross Travel Elements	Maximum 2: Russian Wendeswings (Only 1 on leather on end)
Maximum 2: Russian Travel Elements	
Maximum 2: Sohn-type Elements (incl. flops & to HS)	Special Pommel Horse Requirements (Penalty: -0.3) Use of all 3 parts of the horse
Maximum 2: Bezugo-type Elements (incl. flops & to HS)	

<b>Rings 2022</b>	
Maximum 2 Guczoghy-Forbidden for Juniors	Final hold position may only be shown once per Element Group
Swing to Handstand Elements	
Elements permitted with bent arms	Special Rings Requirements (Penalty: -0.3) Swing to Handstand

<b>Vault 2022</b>	
Second Vault Rules	Other Vault Rules
Repeating 1st Vault                      Score 0.0	More than 2 vaults during warm-up    -0.3
Repeating 1st V. Group                      -2.0	Additional approach (any vault)        -1.0
Vault Final score = Average of 2 vaults	More than 25 meters                      -0.5

<b>Parallel Bars 2022</b>	
Upper arm reception-Forbidden for Juniors	Only 1 variation of similar saltos
Maximum 2 Giant to Handstand Elements	
Maximum 2 Basket to Handstand Elements	

<b>High Bar 2022</b>	
Maximum 2 Adler Elements	Connection Bonus (no limit on amount) Must be among the counted elements
Maximum 2 Tkatchev/Piatti Elements	
Maximum 2 Kovacs Elements	