

Floor 2025													
A	B	C	D	E	F	A	B	C	D	E	F-J		
I. Non-Acro Elements						II. Acro Forward							
1	2	3				1			4				
7	8	9	10			7							
13	14		16			13	14		16	17	36		
19	20	21					38				42		
25		27							46		48		G
31	32		34			III. Acro. Backward/Arabian							
37						1	2	3	4	5	6		G
	44	45				7	8			11	12		
49						13			16		18		I
55											24		J
61	62									29	30		H
67	68					31				35	36		
73	74	75								41	42		G
79	80	81	82							43	44		
	86										54		G
91	92	93									60		H
	98		100								66		I
103	104	105									72		J
109	110					Connection Bonus				Max 1 Strength Element			
IV. Single Salto Twists						D or higher + B or C = +0.1				Max 1 Circle-type Element			
	2	3	4	5	6	D or higher + D or higher = +0.2							
	8	9	10	11	12	> 2 times same diagonal -0.3							
	14					No balance on one leg. -0.3							
			22		24	No Multiple salto -0.3. (Must be dismount for Seniors)							

**Pommel Horse 2025**

I. Scissor Elements						II. Circles, Spindles, Kehres, Russians					
A	B	C	D	E	F	A	B	C	D	E	F
1 X	2 X → XE	3 X				1 lf	2 L				
7 Xf	8 XE	9 XE	10 XE			7 rL	8 L				
		15 Xb				13 7L	14 L				
	20 u b		22 Xb Xb								
25 Xb	26 Xb Xb	27 Xb				25 <del>φ</del> φ	26 φφ φ		28 φ	29 φ	30 φ
31 Xf	32 XE								34 φ	35 φ	36 φ
		39 Xb Xb					38 Sa		40 Sa fSa		
							44 S				
III. Travel Type Elements						IV. Dismounts					
1 φ	2 φ	3 φ	4 φ					51 fbf	52 fbf		54 Sa b e f
	8 φ	9 φ		11 φ		55 k	56 r <sup>k</sup> φ	57 k	58 k		
	14 φ	15 φ		17 φ			62 φk				
			22 NR φ	23 NR φ			68 R	69 R		71 R	
				29 f m φ U r		73 S	74 C		76 C		
	32 φ	33 φ	34 φ	35 φ		79 ω					
37 φ	38 φ	39 φ	40 φ	41 φ		85 φ					
			46 Mo			91 r	92 rr	93 rrr			
			52 Be			97 φ					
		57 TF	58 TF	59 φ		103 r	104 rr	105 rrr			
			64 Wu	65 Wu			110 φ, φ	111 r, r	112 rr, rr	113 rrr, rrr	
			70 Rb								
		75 Rm	76 R								
						1 φ	2 Cg		4 f b e t	5 <sup>sa</sup> R e b e t	
						7 r	8 rr	9 rrr	10 k r b		
						13 W		15 Sa R b	16 Sa b		
							20 fb Lb	21 fb	22 φ b		
Maximum 2: 3/3 Travel with Spindle Elements (1 Nin Reyes)						Maximum 2: Full Spindle Elements					
Maximum 2: 3/3 Cross Travel Elements						Maximum 2: Handstand Elements (not incl. dismount)					
Maximum 2: 3/3 Russian Travel Elements						Maximum 2: Russian Wendeswings (Only one on end)					
Maximum 1: Wu/Roth/630° Travel Element						Max 2: Bezugo and/or Sohn-type elements (incl. flops & to HS)					
Maximum 1: Tong Fei-Style Travel Element						Maximum 4 Flair Elements					

## Rings 2025

I. Kip, Swing & Swing to Handstand						II. Strength & Hold Elements (2 sec.)					
A	B	C	D	E	F	A	B	C	D	E	F/G/I
1 +						1 L >	2 N		4 +		
7 ↓	8 + ↓					7 →		9 →	10 m	11 w	
19 f!	20 o	21 ee	22 ee ee!			13 ←		15 + + t			
25 d						19 >			22 t ↓	23 1 t	
31 +	32 a					25 L b	26 L b	27 L b	28 m b		
37 l	38 h	39 h				31 >	32 >!				
43 il	44 oo	45 oo oo					38 e L	39 > >			
49 n						50 1 →	51 1 →	52 e + t t			
55 n t	56 n					56 t →	57 1 L	58 → + t t		60 → 1 w	
61 ! u i		63 oo				62 b l →	63 + ↓ t	64 ↑ + t	65 > >	66 1 w G	
67 + e!						68 b l i		70 m →	71 m ↓ m	72 → >	
	74 n	75 o					75 t L		77 t v t	78 t t	
		81 o								84 m t	
	86 ! u b	87 h b	88 h b						88 t →	89 t m	90 → + G
III. Swing to Strength Hold (2 sec.)						IV. Dismounts					
	2 + L	3 + N								101 e →	
	8 n L	9 n N								107 e m	108 e t
	14 h L	15 h N	16 h t t	17 h t					118 >	119 t	120 e w
			22 > t t						124 > t t	125 > m	
		27 + t t							130 1 b	? t e →	132 1 m
		33 + t t								137 1 →	138 1 + G
		39 n t t	40 n t		42 n w						
		45 n t t	46 n →	47 n m		1 >	2 > e e	3 > e e	4 > e e		
50 f >				53		>	>	>	>		
56 f >	57 f t t	58 f →	59 f m	60 + w					16 >	17 >	
			65 f t			25 >	26 e e	27 e e e		29 e e	? e e G
68 >		70 >	71 + m			>	32 e e	33 e e			36 e e e G
			77 + t					45 e e e			42 e e e I
		82 ! e →						e e e		47 e e e	48 e e e
								51 e e e	52 e e e		54 e e e

## FIG Vault Values 2025

I. Single Saltos with Complex Twists		II. Handspring		III. Tsuks	
101. Hsp tuck 1/2 (Cuervo tu.)	2.4	201. Handspring	1.2	301. 1/4 on 1/4 (R off or 1/4-1/4)	1.2
102. Hsp tuck 1/1 (Cuervo tu. 1/2)	2.8	202. Handspring 1/2	1.4	302. 1/4 on 3/4 off	1.4
103. Hsp tuck 3/2 ( <b>Kroll</b> )	3.2	203. Handspring 1/1	1.6	303. 1/4 on 5/4 off	1.6
104. Hsp tuck 2/1 ( <b>Canbas</b> )	3.6	204. Handspring 3/2	1.8	307. <b>Tsukahara</b> Tuck	1.8
107. Hsp pike 1/2 (Cuervo p.)	2.8	205. Handspring 2/1	2.0	308. Tsukahara Pike	2.0
108. Hsp pike 1/1 (Cuervo p. 1/2)	3.2	206. Handspring 5/2 ( <b>Tsygankov</b> )	2.2	309. Tsukahara tuck 1/2	2.0
109. Hsp pike 3/2	3.6	207. Hsp salto Tuck	2.0	313. Tsukahara Straight	2.8
113. Hsp straight 1/2 (Cuervo str.)	3.6	213. Hsp salto Pike	2.4	314. Tsuk straigt. 1/2	3.2
114. Hsp straight 1/1 (Cuervo str. 1/2)	4.0	219. Hsp salto Straight	3.2	319. Tsuk dbl Tuck ( <b>Yeo</b> )	4.4
115. Hsp straight 3/2 ( <b>Lou Yun</b> )	4.4	225. Hsp Dbl salto tu ( <b>Roche</b> )	4.8	320. Tsuk dbl Pike ( <b>Lu Yu Fu</b> )	5.2
116. Hsp straight 2/1	4.8	226. Roche 1/2 ( <b>Dragulescu</b> )	5.2	321. Tsuk dbl 1/1 tu ( <b>Ri Se Gwang</b> )	5.6
117. Hsp straight 5/2 ( <b>Yeo 2</b> )	5.2	228. Hsp 1/2 Dbl bwd tu ( <b>Zimmerman</b> )	5.2		
118. Hsp straight 3/1 ( <b>Yang Hak Seon</b> )	5.6	231. Hsp Dbl salto Pike ( <b>Blanik</b> )	5.2		
119. Tsuk tuck 1/1 ( <b>Kasamatsu</b> )	2.4	232. Dragulescu Pike ( <b>Ri Se Gwang 2</b> )	5.6		
120. Tsuk tuck 3/2 (Kas tu 1/2)	2.8				
121. Tsuk tuck 2/1 ( <b>Barbieri</b> )	3.2	IV. Yurchenkos with Complex Twists		V. Yurchenkos	
122. Tsuk tuck 5/2	3.6	401. Yurchenko tuck 1/1	2.4	501. RO hsp bwd	1.2
125. Tsuk straight 1/1 ( <b>Kas str</b> )	3.6	402. Yurchenko tuck 3/2	2.8	502. RO hsp bwd 1/2	1.4
126. Tsuk straight 3/2 (Kas str 1/2)	4.0	403. Yurchenko tuck 2/1	3.2	503. RO hsp bwd 1/1	1.6
127. Tsuk str 2/1 - Kas 1/1 ( <b>Akopian</b> )	4.4	404. Yurchenko straight 1/1	3.6	507. RO hsp bwd Salto Tuck ( <b>Yurchenko</b> )	1.8
131. Tsuk str 5/2 - Kas str 3/2 ( <b>Driggs</b> )	4.8	405. Yurchenko straight 3/2	4.0	508. Yurchenko tuck 1/2	2.0
132. Tsuk str 3/1 - Kas str 2/1 ( <b>Lopez</b> )	5.2	406. Yurchenko straight 2/1	4.4	509. Yurchenko Pike	2.0
133. Tsuk str 7/2 - Kas str 5/2 ( <b>Yonekura</b> )	5.6	407. Yurchenko str 5/2 ( <b>Shewfelt</b> )	4.8	510. Yurchenko Straight	2.8
		408. Yur. str 3/1 ( <b>Shirai/KIM, Hee HOON</b> )	5.2	511. Yurchenko straight 1/2	3.2
		409. Yurchenko str 7/2 ( <b>Shirai 2</b> )	5.6	513. RO 1/2 hdspr fwd	1.4
Second Vault Rules		413. RO 1/2 salto fw tuck 1/2	2.6	514. RO 1/2 hdspr 1/2	1.6
Repeating 1st Vault	Score 0.0	414. RO 1/2 salto pike 1/2 ( <b>Nemov</b> )	3.0	515. RO 1/2 hdspr 1/1	1.8
Repeating 1st V. Group	-2.0	415. RO 1/2 salto str 1/2 ( <b>Hutcheon</b> )	3.8	516. RO 1/2 Salto fw Tuck	2.2
Vault Final score = Average of 2 vaults		416. RO 1/2 salto str 1/1	4.2	517. RO 1/2 salto fw pike	2.6
Other Vault Rules		417. RO 1/2 salto str 3/2	4.6	518. RO 1/2 salto straight	3.4
More than 2 vaults during warm-up	-0.3	419. RO 1/2 salto str 2/1	5.0	519. Yur. Dbl tuck ( <b>Melissanidis</b> )	4.8
Additional approach (any vault)	-1.0	420. RO 1/2 salto str 5/2 ( <b>Li Xiao Peng</b> )	5.4	520. Yurchenko Dbl Pike ( <b>Yang Wei</b> )	5.2
More than 25 meters	-0.5			521. RO 1/2 Dbl salto fw tu	5.0

## Parallel Bars 2025

Parallel Bars 2025											
A	B	C	D	E	F/G	A	B	C	D	E	F/G/H
I. Upper Arm Elements						III. Long Swings & Underswing Elements					
1 +	2 +>b	3 +>i		5 +s	6 +B			3 T	4 T	5 Bv	
7 +i?	8 +k			11 +MK	12 +Mk <sup>G</sup>		8 M <del>E</del>	9 M <del>E</del>	10 MxMx		
	14 +b	15 +b		17 +d	18 +d		14 Mz	15 M			
	20 +e>	21 +e>			24 +ee			21 O O <del>E</del>	22 O		
			34 +f	35 +ei	30 +ee <sup>G</sup>					29 Od	30 O <del>d</del> O <del>d</del> E
	38 +b <del>E</del>		40 +f b	41 +f b			38 Oi	39 O <del>E</del>	40 Ma		42 Od
	44 +E <del>E</del>	45 +E>						46 O MK			48 OMk
	50 +E	51 + <del>r</del>	52 +r		54 +rr		50 O <del>E</del>		52 O>	53 So	66 Q <sup>H</sup>
61 +>7	62 +>			59 +r <del>E</del>	60 +r<i					59 Oll Be	60 Bev Ollv
II. Support Elements											
1 r b	2 Ka	3 S	4 SB			73 n	74 xi	75 n 1b		77 O <del>E</del>	78 O <del>E</del> H
7 L	8 L b	9 d <del>E</del>	10 Df				80 n>b	81 n>i		83 O <del>E</del>	
13 <E	14 >b	15 >i					86 n>b	87 n L b	88 n L b		
19 >L							92 n i				
		27 d d	28 d <del>E</del>			97 U	98 U!	99 f	100 f!		
	32 S <del>E</del>	33 MK	34 z	35 Mk	36 z		104 U <del>E</del>	105 U <del>E</del>	106 f f <del>E</del>	107 f <del>E</del> f <del>E</del>	108 f E
	38 Ca	39 e/!	40 e/>					111 U>b			114 f <del>E</del> G
		45 Tu	46 e/	47 ee	48 eev	115 fi	116 f!	117 f>		119 f	120 f MK <sup>G</sup>
			52 Su		54 ee <del>E</del> G		122 Ga	123 Ga <del>E</del>		125 fe	126 fev
	56 K	57 b <sup>c</sup> K				127 r	128 r <del>E</del>		130 rf	131 r f <del>E</del>	
	62 b	63 b b								137 r f h	
		69 b>									
IV. Dismounts											
73 h	74 h	75 h	76 h			1 r v <del>E</del>				5 rr	6 rr
		81 r	82 r	83 r E	84 r E	r r <del>E</del>	8 r v <del>E</del>	9 r <del>E</del>	10 r v <del>E</del> r <del>E</del>	11 r v <del>E</del> r <del>E</del>	12 r <del>E</del> G
	86 b <del>E</del>					19 e/		15 r r	18 r v <del>E</del> r <del>E</del>		18 r v <del>E</del> r <del>E</del>
91 b <del>E</del>	92 b e							21 r v <del>E</del> r <del>E</del>	22 r <del>E</del>		
		99 Ca <del>E</del>		101 r>i				28 r <del>E</del> r <del>E</del>			
	104 r <del>E</del>	105 r v	106 r <del>E</del>	107 r>!			32 r ll	33 ee	34 eev		36 ee <del>E</del> G
		111 r r i		113 rr	114 r r				40 ee <del>E</del>	47 Oll	48 Oll G
		117 r		119 ur		43 r e/		45 Oll	46 Ollv	49 Oll r <del>E</del>	54 Oll <del>E</del>



## Color Coding Key & Rules to Remember

Tables are organized as closely to the Code of Points as possible.

Page breaks are notated

Occasionally, a page was slightly compressed to accommodate space limitations

<b>Floor 2025</b>	
Maximum 2 Strength Elements	Special Floor Requirements (Penalty: -0.3) Double salto (Must be dismount for Seniors) One leg Balance - Pass to and from each corner No more than 2 times in a row on same diagonal
Maximum 2 Circle-type Elements	
Connection Bonus (no limit on amount) Must be among the counted elements	

<b>Pommel Horse 2025</b>	
Maximum 2: Full Spindle Elements	Maximum 4 Flair Elements
Max 2: 3/3 Travel with Spindle Elements (1 Nin Reyes)	Max 2: Handstand Elements (Not including Dismount)
Maximum 2: 3/3 Cross Travel Elements	Max 2: Russian Wendeswings (Only 1 on leather on end)
Maximum 2: 3/3 Russian Travel Elements	Maximum 2: Bezugo and/or Sohn-type Elements (includes. flops & to Handstand)
Maximum 1: Wu/Roth/630° Travel Element	
Maximum 1: Tong Fei- Style Travel Element	

<b>Rings 2025</b>	
Guczoghy-Forbidden for Juniors	Final hold position may only be shown once per Element Group
Swing to Handstand Elements	
Elements permitted with bent arms	Special Rings Requirements (Penalty: -0.3) Swing to Handstand

<b>Vault 2025</b>	
Second Vault Rules	Other Vault Rules
Repeating 1st Vault      Score 0.0	More than 2 vaults during warm-up   -0.3
Repeating 1st V. Group      -2.0	Additional approach (any vault)   -1.0
Vault Final score = Average of 2 vaults	More than 25 meters                    -0.5

<b>Parallel Bars 2025</b>	
Maximum 2 Upper Arms to Handstand Elements	Only 1 variation of similar saltos
Maximum 2 Giant to Handstand Elements	Upper arm reception-Forbidden for Juniors
Maximum 2 Basket to Handstand Elements	

<b>High Bar 2025</b>	
Maximum 2 Permitted of the following Flight elements:	Maximum 2 Adler Elements
Markelov Elements	Connection Bonus (no limit on amount) Must be among the counted elements
Tkatchev/Piatti Elements	
Kovacs Elements	5th flight permitted only if 2 flights are connected
Gienger Elements	
Jäger Elements	
Salto Fwd over the Bar	