

Floor 2025											
A	B	C	D	E	F	A	B	C	D	E	F-J
I. Non-Acro Elements						II. Acro Forward					
1	2	3				1			4		
7	8	9	10			7					
13	14		16			13	14		16	17	36
19	20	21					38				42
25		27							46		48 G
31	32		34			III. Acro. Backward/Arabian					
37						1	2	3	4	5	6 G
	44	45				7	8			11	12
49						13			16		18 I
55											24 J
61	62									29	30 H
67	68					31				35	36
73	74	75								41	42 G
79	80	81	82								48
	86										54 G
91	92	93									60 H
	98		100								66 I
103	104	105									72 J
109	110					Connection Bonus			Max 1 Strength Element		
IV. Single Salto Twists						D or higher + B or C = +0.1			Max 1 Circle-type Element		
	2	3	4	5	6	D or higher + D or higher = +0.2					
	8	9	10	11	12 G	> 2 times same diagonal -0.3					
	14					No balance on one leg. -0.3					
			22		24	No Multiple salto -0.3. (Must be dismount for Seniors)					

Pommel Horse 2025											
A	B	C	D	E	F	A	B	C	D	E	F
I. Scissor Elements						II. Circles, Spindles, Kehres, Russians					
1	2	3				1	2				
7	8	9	10			7	8				
		15				13	14				
	20		22								
25	26	27				25	26		28	29	30
31	32								34	35	36
		39					38		40		
							44				
III. Travel Type Elements								51	52		54
1	2	3	4			55	56	57	58		
	8	9		11			62				
	14	15		17			68	69		71	
			22	23		73	74		76		
				29		79					
	32	33	34	35		85					
37	38	39	40	41		91	92	93			
			46			97					
			52			103	104	105			
		57	58	59			110	111	112	113	
			64	65							
			70								
		75	76			IV. Dismounts					
						1	2		4	5	
						7	8	9	10		
						13		15	16		
							20	21	22		
Maximum 2: 3/3 Travel with Spindle Elements (1 Nin Reyes)						Maximum 2: Full Spindle Elements					
Maximum 2: 3/3 Cross Travel Elements						Maximum 2: Handstand Elements (not incl. dismount)					
Maximum 2: 3/3 Russian Travel Elements						Maximum 2: Russian Wendeswings (Only one on end)					
Maximum 1: Wu/Roth/630° Travel Element						Max 2: Bezugo and/or Sohn-type elements (incl. flops & to HS)					
Maximum 1: Tong Fei-Style Travel Element						Maximum 4 Flair Elements					

## Rings 2025

Rings 2025											
A	B	C	D	E	F	A	B	C	D	E	F/G/I
I. Kip, Swing & Swing to Handstand						II. Strength & Hold Elements (2 sec.)					
1						1	2		4		
7	8					7		9	10	11	
19	20	21	22			13		15			
25						19			22	23	
31	32					25	26	27	28		
37	38	39				31	32				
43	44	45					38	39			
49							50	51	52		
55	56						56	57	58		60
61		63					62	63	64	65	66 G
67							68		70	71	72
	74	75						75		77	78
		81									84
	86	87	88						88	89	90 G
									94	95	
III. Swing to Strength Hold (2 sec.)						IV. Dismounts					
	2	3								101	
	8	9								107	108
	14	15	16	17					118	119	120
			22						124	125	
		27							130	?	132
		33								137	138 G
		39	40		42						
		45	46	47							
	50			53							
	56	57	58	59	60				16	17	
				65		25	26	27		29	? G
	68		70	71			32	33			36 G
				77				45			42 I
			82							47	48
								51	52		54

## FIG Vault Values 2025

I. Single Saltos with Complex Twists		II. Handspring		III. Tsuks	
101. Hsp tuck 1/2 (Cuervo tu.)	2.4	201. Handspring	1.2	301. 1/4 on 1/4 (R off or 1/4-1/4)	1.2
102. Hsp tuck 1/1 (Cuervo tu. 1/2)	2.8	202. Handspring 1/2	1.4	302. 1/4 on 3/4 off	1.4
103. Hsp tuck 3/2 (Kroll)	3.2	203. Handspring 1/1	1.6	303. 1/4 on 5/4 off	1.6
104. Hsp tuck 2/1 (Canbas)	3.6	204. Handspring 3/2	1.8	307. Tsukahara Tuck	1.8
107. Hsp pike 1/2 (Cuervo p.)	2.8	205. Handspring 2/1	2.0	308. Tsukahara Pike	2.0
108. Hsp pike 1/1 (Cuervo p. 1/2)	3.2	206. Handspring 5/2 (Tsygankov)	2.2	309. Tsukahara tuck 1/2	2.0
109. Hsp pike 3/2	3.6	207. Hsp salto Tuck	2.0	313. Tsukahara Straight	2.8
113. Hsp straight 1/2 (Cuervo str.)	3.6	213. Hsp salto Pike	2.4	314. Tsuk straight. 1/2	3.2
114. Hsp straight 1/1 (Cuervo str. 1/2)	4.0	219. Hsp salto Straight	3.2	319. Tsuk dbl Tuck (Yeo)	4.4
115. Hsp straight 3/2 (Lou Yun)	4.4	225. Hsp Dbl salto tu (Roche)	4.8	320. Tsuk dbl Pike (Lu Yu Fu)	5.2
116. Hsp straight 2/1	4.8	226. Roche 1/2 (Dragulescu)	5.2	321. Tsuk dbl 1/1 tu (Ri Se Gwang)	5.6
117. Hsp straight 5/2 (Yeo 2)	5.2	228. Hsp 1/2 Dbl bwd tu (Zimmerman)	5.2		
118. Hsp straight 3/1 (Yang Hak Seon)	5.6	231. Hsp Dbl salto Pike (Blanik)	5.2		
119. Tsuk tuck 1/1 (Kasamatsu)	2.4	232. Dragulescu Pike (Ri Se Gwang 2)	5.6		
120. Tsuk tuck 3/2 (Kas tu 1/2)	2.8				
121. Tsuk tuck 2/1 (Barbieri)	3.2	IV. Yurchenkos with Complex Twists		V. Yurchenkos	
122. Tsuk tuck 5/2	3.6	401. Yurchenko tuck 1/1	2.4	501. RO hsp bwd	1.2
125. Tsuk straight 1/1 (Kas str)	3.6	402. Yurchenko tuck 3/2	2.8	502. RO hsp bwd 1/2	1.4
126. Tsuk straight 3/2 (Kas str 1/2)	4.0	403. Yurchenko tuck 2/1	3.2	503. RO hsp bwd 1/1	1.6
127. Tsuk str 2/1 - Kas 1/1 (Akopian)	4.4	404. Yurchenko straight 1/1	3.6	507. RO hsp bwd Salto Tuck (Yurchenko)	1.8
131. Tsuk str 5/2 - Kas str 3/2 (Driggs)	4.8	405. Yurchenko straight 3/2	4.0	508. Yurchenko tuck 1/2	2.0
132. Tsuk str 3/1 - Kas str 2/1 (Lopez)	5.2	406. Yurchenko straight 2/1	4.4	509. Yurchenko Pike	2.0
133. Tsuk str 7/2 - Kas str 5/2 (Yonekura)	5.6	407. Yurchenko str 5/2 (Shewfelt)	4.8	510. Yurchenko Straight	2.8
		408. Yur. str 3/1 (Shirai/KIM, Hee HOON)	5.2	511. Yurchenko straight 1/2	3.2
		409. Yurchenko str 7/2 (Shirai 2)	5.6	513. RO 1/2 hdspr fwd	1.4
Second Vault Rules		413. RO 1/2 salto fw tuck 1/2	2.6	514. RO 1/2 hdspr 1/2	1.6
Repeating 1st Vault	Score 0.0	414. RO 1/2 salto pike 1/2 (Nemov)	3.0	515. RO 1/2 hdspr 1/1	1.8
Repeating 1st V. Group	-2.0	415. RO 1/2 salto str 1/2 (Hutcheon)	3.8	516. RO 1/2 Salto fw Tuck	2.2
Vault Final score = Average of 2 vaults		416. RO 1/2 salto str 1/1	4.2	517. RO 1/2 salto fw pike	2.6
Other Vault Rules		417. RO 1/2 salto str 3/2	4.6	518. RO 1/2 salto straight	3.4
More than 2 vaults during warm-up	-0.3	419. RO 1/2 salto str 2/1	5.0	519. Yur. Dbl tuck (Melissanidis)	4.8
Additional approach (any vault)	-1.0	420. RO 1/2 salto str 5/2 (Li Xiao Peng)	5.4	520. Yurchenko Dbl Pike (Yang Wei)	5.2
More than 25 meters	-0.5			521. RO 1/2 Dbl salto fw tu	5.0

## Parallel Bars 2025

A	B	C	D	E	F/G	A	B	C	D	E	F/G/H
<b>I. Upper Arm Elements</b>						<b>III. Long Swings &amp; Underswing Elements</b>					
1	2	3		5	6			3	4	5	
7	8			11	12 <b>G</b>		8	9	10		
	14	15		17	18		14	15			
	20	21			24			21	22		
			34	35	30 <b>G</b>					29	30
	38		40	41			38	39	40		42
	44	45							46		48
	50	51	52		54		50		52	53	66 <b>H</b>
61	62			59	60					59	60
<b>II. Support Elements</b>								69	70	71	72 <b>G</b>
1	2	3	4			73	74	75		77	78 <b>H</b>
7	8	9	10				80	81		83	
13	14	15					86	87	88		
19							92				
		27	28			97	98	99	100		
	32	33	34	35	36		104	105	106	107	108
	38	39	40					111			114 <b>G</b>
		45	46	47	48	115	116	117		119	120 <b>G</b>
			52		54 <b>G</b>		122	123		125	126
	56	57				127	128		130	131	
	62	63								137	
		69				<b>IV. Dismounts</b>					
73	74	75	76			1				5	6
		81	82	83	84		8	9	10	11	12 <b>G</b>
	86					19		15			18
91	92							21	22		
		99		101					28		
	104	105	106	107			32	33	34		36 <b>G</b>
		111		113	114				40	47	48 <b>G</b>
		117		119		43		45	46	53	54

## High Bar 2025

High Bar 2025											
A	B	C	D	E	F/G/H/I	A	B	C	D	E	F/G
I. Long Hang Swings & Turns						III. In-Bar & Adler Elements					
1	2					1					
7	8	9				13	8				
13	14	15				25	32	33			
19	20	21					38		40	41	
31	26	27						45			
37	32						56	57			
43	44	45						63	64	65	
	50	51	52						70		
	56								76		
	62					79	80	81			
	68	69	70					87			
	74	75	76				92				
								99	100		
II. Flight Elements						IV. Dismounts					
	2	3			6 G	103	104	105	106	107	
		9									
		15	16		18 G	1	2	3	10	11	6 G
		21		23				9			
	26		28	29					16	17	
	32		34		36 H			21	22		
		39	40	41	42 G	25	26	27			
					48 H		32	33	34		
		51	52		60 G			39	40	41	42
		57	58		66 G						48
				65	72 H		50	51	52		54 G
					78	61		57	58	59	60 G
			82	83	84 H		62		64		
			88	89	90 H						
				95	96 G						
					102 I						
					108 G						
						Flight + Flight Bonus			EG I or III + Flight Bonus		
						C + D or higher = +0.1			EG I or III	Flight	Value
						D + D = +0.1			D or higher	+	D = +0.1
						D or higher + E or higher = +0.2			D or higher	+	E or higher = +0.2

## Color Coding Key & Rules to Remember

Tables are organized as closely to the Code of Points as possible.

Page breaks are notated

Occasionally, a page was slightly compressed to accommodate space limitations

<b>Floor 2025</b>	
Maximum 2 Strength Elements	Special Floor Requirements (Penalty: -0.3) Double salto (Must be dismount for Seniors) One leg Balance - Pass to and from each corner No more than 2 times in a row on same diagonal
Maximum 2 Circle-type Elements	
Connection Bonus (no limit on amount) Must be among the counted elements	

<b>Pommel Horse 2025</b>	
Maximum 2: Full Spindle Elements	Maximum 4 Flair Elements
Max 2: 3/3 Travel with Spindle Elements (1 Nin Reyes)	Max 2: Handstand Elements (Not including Dismount)
Maximum 2: 3/3 Cross Travel Elements	Max 2: Russian Wendeswings (Only 1 on leather on end)
Maximum 2: 3/3 Russian Travel Elements	Maximum 2: Bezugo and/or Sohn-type Elements (includes. flops & to Handstand)
Maximum 1: Wu/Roth/630° Travel Element	
Maximum 1: Tong Fei- Style Travel Element	

<b>Rings 2025</b>	
Guczoghy-Forbidden for Juniors	Final hold position may only be shown once per Element Group
Swing to Handstand Elements	
Elements permitted with bent arms	Special Rings Requirements (Penalty: -0.3) Swing to Handstand

<b>Vault 2025</b>	
Second Vault Rules	Other Vault Rules
Repeating 1st Vault      Score 0.0	More than 2 vaults during warm-up   -0.3
Repeating 1st V. Group      -2.0	Additional approach (any vault)   -1.0
Vault Final score = Average of 2 vaults	More than 25 meters                    -0.5

<b>Parallel Bars 2025</b>	
Maximum 2 Upper Arms to Handstand Elements	Only 1 variation of similar saltos
Maximum 2 Giant to Handstand Elements	Upper arm reception-Forbidden for Juniors
Maximum 2 Basket to Handstand Elements	

<b>High Bar 2025</b>							
Maximum 2 Permitted of the following Flight elements:	Maximum 2 Adler Elements						
<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;">Markelov Elements</td> <td style="width: 50%; padding: 5px;">Gienger Elements</td> </tr> <tr> <td style="padding: 5px;">Tkatchev/Piatti Elements</td> <td style="padding: 5px;">Jäger Elements</td> </tr> <tr> <td style="padding: 5px;">Kovacs Elements</td> <td style="padding: 5px;">Salto Fwd over the Bar</td> </tr> </table>	Markelov Elements	Gienger Elements	Tkatchev/Piatti Elements	Jäger Elements	Kovacs Elements	Salto Fwd over the Bar	Connection Bonus (no limit on amount) Must be among the counted elements
Markelov Elements	Gienger Elements						
Tkatchev/Piatti Elements	Jäger Elements						
Kovacs Elements	Salto Fwd over the Bar						
	5th flight permitted only if 2 flights are connected						